



TIPPECANOE VALLEY HIGH SCHOOL



Viking News

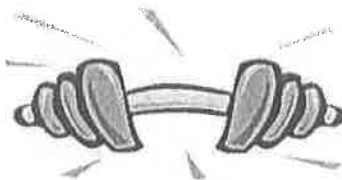
May/June Newsletter 2017



Graduation Information

Senior Breakfast will be on the last day of school, currently May 24 @ 7:00 AM in the high school commons. Academic awards will follow at 8:30 AM in the main gym. Graduation rehearsal will be immediately after the awards. Seniors **must be** at rehearsal to participate on Graduation Sunday on June 4.

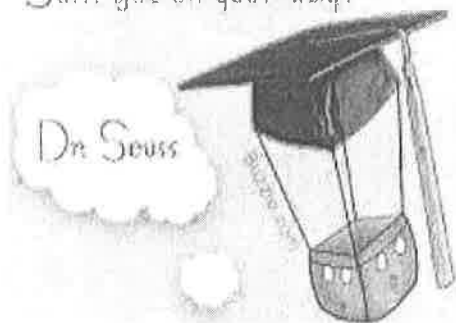
Graduation Sunday is June 4. The north doors to the main gym will open at 1:00 PM. Baccalaureate will begin at 2:00 PM. Graduation will begin promptly at 2:45 PM.



Community Open Weight Room Hours: Community Weight Room hours have been discontinued until the fall semester.



You're off to great places!
Today is your day!
Your mountain is waiting.
So... get on your way!



Immunizations

August is only 3 months away and immunizations that are required to attend school must be done by August 7, 2017. All seniors (2017-18 school year) must have 2 doses of meningitis vaccine by that date. Don't wait until the last minute! Please call the high school nurse if you have questions. (574) 598-2100, ext. 2145

2017-18 Seniors

The Senior Trip was April 18-23 this year. Some of the tours the seniors took this year were: Gettysburg Battlefield and Museum, George Washington's Mount Vernon, the United States Holocaust Memorial Museum, Washington National Cathedral, Arlington National Cemetery, The United States Capitol, Supreme Court, National Archives, the Library of Congress, and a performance at the Kennedy Center.

Beginning in April this year's juniors can register for the Senior Trip 2018. The dates for next year's trip will be April 17-22, 2018. The cost of the trip will be \$640. This will pay for all meals, admissions, transportation, and hotel. This is a great opportunity for your child to see the nation's capital. This is a once in a life time experience. They will never be able to return to Washington, D.C. with their classmates. Space is limited, so do not delay getting your seat reserved. To reserve a seat on the bus a **non-refundable** deposit of \$145 must be paid by check, money order, or by E-Funds on the TVSC website.

Information was mailed to your home in late March. If you have any questions about the trip you can contact Scott Smith at 574-598-2100 or smiths@tvsc.k21.in.us.

Info for Newsletter- Science Department

The Tippecanoe Valley Science Department wants you to get out and explore the world around you this summer. There are activities for all ages and economic levels across the state every summer. Please take the time to enjoy a family activity outdoors with someone this summer- Get Into Nature!

The following is some helpful information as you look to plan activities with your family:

There are many websites that provide information about nature activities and outdoor family fun. If you visit www.in.gov/dnr/parklake/ you will find all sorts of things to do at our state parks. They have a whole calendar of events that you can filter by date, location, and type of event you are looking to enjoy. Both Akron and Mentone Public libraries have 1 week State Park passes that they can share with their library patrons. You must be in good standing with the library to check out their State Park pass.

Southern Indiana has some really neat caves if you or your children like to explore underground. You can even test your knowledge of geology. See more at www.indianacavetrail.com or www.indianacaverns.com.

Zoos are a favorite pastime for many kids growing up. South Bend, Fort Wayne, Indianapolis, and other surrounding areas all have wonderful zoos where you can explore ecological habitats from around the world. Their websites are www.potawatomio.org, www.indyzoo.com, and www.kidszoo.org. All have fun programs going on throughout the summer. Check their websites for special events, show times, and discounts.

If amusement parks (and physics) are more your style, check out Indiana Beach at www.indianabeach.com, Holiday World and Splashin' Safari at www.holidayworld.com, or Deep River Water Park in Merrillville at www.deepriverwaterpark.com.

Check out these other awesome websites for amazing places to explore: www.thisisindiana.org, www.visitindiana.com, and www.tripadvisor.com. Many organizations and businesses offer online discounts, you just have to look for them. There are so many places to explore and have fun right here in Indiana. Be adventurous. Get out there and explore or sit back and relax as nature surrounds you. Either way, enjoy what nature provides for you.

TVHS Science Department-

Deb Day

Crystal Heckaman

Shauna Magld

Rod Hamman



TVHS SUMMER SCHOOL 2017

The following courses will be offered this summer at Tippecanoe Valley High School. All credit courses must meet for 80 hours for 1 credit (16 days x 5 hrs. per day = 80 hrs.). Students must be present for a minimum of 72 class hours to be eligible to receive credit. School will not be in session on June 16th, except for the Political Science class. Field trip fees will be announced at a later date for Political Science.

Session I: May 30- June 21st, 2017

U.S. History (1 credit) Grade Level: 11 – 12

Hours: 7:55a.m.-1:25p.m.

United States History emphasizes national development in the late nineteenth and the twentieth centuries and builds upon concepts developed in previous studies of American history. This course is intended for students who wish to get their first credit of the two credits required for graduation or who have failed in their first attempt to pass the initial U.S. History credit.

Physical Education (1 credit) Grade Level: 9-12

Hours: 7:55a.m.-1:25p.m.

Physical Education 1 continues the emphasis on health-related fitness and developing the skills and habits necessary for a lifetime of activity. This program includes skill development and the application of rules and strategies of complex difficulty in at least three of the following different movement forms: (1) health-related fitness activities (cardio respiratory endurance, muscular strength and endurance, flexibility, and body composition), (2) aerobic exercise, (3) team sports, (4) individual and dual sports, (5) gymnastics, (6) outdoor pursuits, (7) self-defense, and (8) recreational games. Ongoing assessment includes both written and performance-based skill evaluations. This course is required to meet state graduation requirements, Academic Honors diploma, and Core 40 requirements.

Classes are coeducational unless the activity involves bodily contact or groupings are based on an objective standard of individual performance developed and applied without regard to gender. Adapted physical education must be offered, as needed, in the least restricted environment and must be based on individual assessment.

Apex Lab (1-2 credits) Grade Level: 9-11

Hours: 7:55a.m.-1:25p.m.

This course is for students who need to recover credits in class in areas of English 9/10/11, Algebra, Biology, and World History. This class will provide instruction and remediation using the Apex program for students to independently recover credit with the help of a certified teacher.

Session II June 26th – July 25th, 2017

Session I and Session II

Political Science (2 credits per session, both sessions required) Grade Level 12

Session I credits: Economics & English Lab Elective for SAT prep

Session II credits: US Government & English 12 2nd semester

Hours: 7:55a.m.-1:25p.m or 11:30 a.m.- 4:30 p.m. (Please specify on form your preference)

This course combines and teaches Government, Economics, and English 12/12A standards through project based learning. Students will learn Government, Economics, and English 12/12A state standards through collaboration on group projects combined with individual assignments. While the course will focus on Government and Economics content, the English 12/12A content will be taught and assessed through student reading, writing, and speaking activities. Students will develop the skills needed to succeed in college and be an active, informed citizen. The goal of the course is to provide students with authentic learning experiences in which they can develop and practice the skills based on the school wide learning outcomes (written & oral communication, work ethic, and collaboration). *Field trip fees will be announced at a later date.

Supervised Ag. Experience (1 credit) Grade Level 10-12

Hours: May vary throughout summer. Total required hours: 80.

Students will be enrolled in a practical placement in agriculture, during which they will be applying learned skills in a real life setting. The teacher will supervise these placements throughout the summer.

TVHS SUMMER SCHOOL GUIDELINES

There are no fees for summer courses. The summer breakfast program will be available from 7:30a.m.-8:30a.m. The summer lunch program will be available from 11:00a.m.-12:30p.m. Both programs are free to individuals 18 years of age and younger. Transportation is offered for session I summer school only at select sites.

Summer School will not be in session on the following dates:

June

Friday, June 16th (except political science pm session)

July (applies to session two only)

Monday July 3rd

Monday July 4th

Friday, July 7th

Friday, July 14th

Friday, July 21th

- 1.) **ABSENCES:** No more than one days absent per session. On the second absence, a student will immediately be withdrawn from the course with a grade of "F". Students must also make up work for days absent.
- 2.) **TARDIES:** The first 15 minutes of the class count as tardy. Students arriving later than that time will be counted as absent. You may come to school after the first 15 minutes to do the work of the day, but you will have one absence counted (tardies after breaks also count toward this total).
- 3.) **THREE TARDIES EQUAL ONE DAY ABSENT:** The consequence for tardy #1 will be a warning to the student. Tardy #2 will result in a warning to the student that one more tardy will result in a recorded absence. Upon tardy # 3, the student will be counted absent and a call will be made home to inform the parent.
- 4.) **CELL PHONES & ELECTRONIC DEVICES** should not become a distraction or disruption in any way, as determined by TVHS staff. Teachers and other staff have the authority to regulate

cell phone and electronic device use in their classrooms and can enforce this policy outside of their classroom if necessary. Students violating the electronic device policy may be removed from summer school. TVHS is not responsible for lost or stolen items.

- 5.) **DISCIPLINARY REMOVAL FROM CLASS:** Is equal to one day absent, unless the violation warrants immediate expulsion, as determined by an administrator.
 - 6.) **REMAINING IN SUMMER SCHOOL** is dependent upon your cooperation. Summer school is an important opportunity. Students must demonstrate appropriate behavior and respect towards faculty and students to remain enrolled. Violations to summer school guidelines may be subject to student dismissal as determined by administration.
-

Transportation

Dear Parent or Guardian,

The Tippecanoe Valley School Corporation (TVSC) will offer bus transportation for Summer School 2017. Buses will run from Tuesday May 30th, through Wednesday June 21st. Summer school buses will not stop at individual homes but at numerous locations throughout the entire school corporation. Parents/guardians will be responsible for transporting students to and from the pick-up and drop-off locations. Bus transportation will be provided only for summer school classes/activities that begin from 7:55 a.m. through 8:10 a.m. and conclude from 1:25 p.m. to 1:40 p.m. There will be no bus transportation provided for afternoon activities. All students riding the bus will have the opportunity to eat breakfast and lunch (at no cost) through the summer meals program the schools are providing.

Each summer school bus will follow a schedule of approximate pick-up and drop-off times. Each stop will be brief. You are encouraged to have your child at the bus stop prior to the scheduled time. If there is no one at the bus stop, the bus will continue on. Summer school bus schedules are tight in order to complete all the stops before classes begin. Also, please be present at the stop to pick up your child when the bus arrives. The driver will be unable to wait for your arrival before traveling to the next stop. Adult supervision will not be provided at any bus stop.

Riding the bus for summer school is a privilege. Failure to follow the bus rules or misbehaving at the bus stop will result in the loss of riding privileges. We are pleased to offer bus transportation for summer school and hope that you are able to take advantage of this service. Summer school bus schedules and maps of the summer school bus stops are available from the office of each TVSC school. Please contact your child's school if additional information is needed.

Schedule to be released, please check TVHS webpage for pickup and drop off times and locations.

Summer School Bus Transportation Schedule
North End

Pick-Up Locations & Times

| | |
|-----------|---|
| 6:45 a.m. | Tippecanoe Valley High School |
| 6:55 a.m. | Burket Educational Center |
| 6:59 a.m. | Palestine – Public Access Site |
| 7:11 a.m. | Westhaven Estates (office) |
| 7:16 a.m. | Atwood – Parking Area Behind Otterbein United Methodist Church Office |
| 7:23 a.m. | Harrison Center Church |
| 7:31 a.m. | Mentone Elementary School |
| 7:39 a.m. | Talma Community Building |
| 7:55 a.m. | Drop-Off Students @ Tippecanoe Valley High School |
| 8:10 a.m. | Drop-Off Students @ Mentone Elementary School |

Drop-Off Locations & Times

| | |
|-----------|---|
| 1:25 p.m. | Pick-Up Students at Tippecanoe Valley High School |
| 1:40 p.m. | Pick-Up Students @ Mentone Elementary School (drop-off H.S. & M.S.) |
| 1:53 p.m. | Harrison Center Church |
| 2:00 p.m. | Atwood – Parking Area Behind Otterbein United Methodist Church |
| 2:05 p.m. | Westhaven Estates (office) |
| 2:12 p.m. | Palestine (Public Access Site) |
| 2:16 p.m. | Burket Educational Center |
| 2:29 p.m. | Talma Community Building |
| 2:45 p.m. | Tippecanoe Valley High School |

Summer School Bus Transportation Schedule
South End

Pick-Up Locations & Times

| | |
|------------------|---|
| 6:50 a.m. | Tippecanoe Valley High School |
| 6:59 a.m. | Bethlehem Baptist Church |
| 7:06 a.m. | Athens – Parking Area South of Athens United Methodist Church |
| 7:17 a.m. | Omega Church (corner of CR 250 S and CR 925 E) |
| 7:25 a.m. | Akron Elementary School: Middle/High School Student Pick-up |
| 7:33 a.m. | Corner of SR 114 & CR 1425 E (Rock Lake Road) |
| 7:45 a.m. | Beaver Dam Lake (Beehive Resort) |
| 7:55 a.m. | Akron Shuttle: Elementary Student Pick-up only for travel to Mentone |
| 7:55 a.m. | Drop-Off Students @ Tippecanoe Valley High School |
| 8:10 a.m. | Drop-Off Students @ Mentone Elementary School |

Drop-Off Locations & Times

| | |
|-----------|--|
| 1:25 p.m. | Pick-Up Students @ Tippecanoe Valley High School |
| 1:40 p.m. | Pick-Up Students @ Mentone Elementary School (drop-off at Akron 1:50) |
| 1:53 p.m. | Omega Church |
| 2:04 p.m. | Athens – Parking Area South of Athens United Methodist Church |
| 2:11 p.m. | Bethlehem Baptist Church |
| 2:30 p.m. | Tippecanoe Valley High School |
| 2:40 p.m. | Beaver Dam Lake (Beehive Resort) |
| 2:48 p.m. | Corner of SR 114 & CR 1425 E (Rock Lake Rock) |

TIPPECANOE VALLEY SCHOOL CORPORATION

2017 - 2018 School Calendar

Registration Dates: July 25 & 27, 2017

| July 2017 | | | | | | |
|-----------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| | | | | | | 1 |
| 2 | | | | | | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | | | | | | |

July NO SCHOOL

25-27 REGISTRATION for 2017-2018 School Year
Noon-8:00 p.m.

| January 2018 | | | | | | |
|--------------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| | | | | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

January

1-3 Christmas Break - NO SCHOOL

3 Staff Development Day - NO SCHOOL

4 School Resumes Second / Semester Begins

| August 2017 | | | | | | |
|-------------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

August

3 Teacher Orientation Day

4 Staff Development Day

7 First Student Day

| February 2018 | | | | | | |
|---------------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| | | | | | 1 | 2 |
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| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | | |

February

| September 2017 | | | | | | |
|----------------|----|----|----|----|----|----|
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| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | | | | | | |

September

4 Labor Day - NO SCHOOL

| March 2018 | | | | | | |
|------------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
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| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

March

9 End of Grading Period

16 Parent-Teacher Conf. (4:00-8:00) School In Session

16 Teacher Work Day (8:00-Noon) No School

30 Good Friday NO SCHOOL

| October 2017 | | | | | | |
|--------------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

October

6 End of Grading Period

12 Parent-Teacher Conf. (4:00-8:00) School In Session

13 Teacher Work Day (8:00-Noon) No School

16 Fall Break - NO SCHOOL

| April 2018 | | | | | | |
|------------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
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| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

April

2-6 Spring Break - NO SCHOOL

| November 2017 | | | | | | |
|---------------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | |

November

22-24 Thanksgiving Break - NO SCHOOL

| May 2018 | | | | | | |
|----------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

May

17 Last Student Day

28 Memorial Day

18-26 Emergency Make-Up Days

29-31 Emergency Make-Up Days

| December 2017 | | | | | | |
|---------------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

December

19 Christmas Break Begins End of Day

End of First Semester

20-29 Christmas Break - NO SCHOOL

| June 2018 | | | | | | |
|-----------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

June NO SCHOOL

1 Emergency Make-Up Days

3 Graduation

Legend:

☐ = 1st and Last Student Day

■ = School Not in Session

■ = End of Grading Period

91 Student Days 1st Semester

89 Student Days 2nd Semester

School Calendar 2017-18 (School Board Approved 12-12-16)

WHAT ARE STUDENTS

STUDENTS -- Are the most important people in this business.

STUDENTS -- Are not dependent on us. We are dependent on them.

STUDENTS -- Are not an interruption of our work. They are the purpose of it.

STUDENTS -- Are part of our business -- not outsiders.

STUDENTS -- Are not just statistics. They are human beings with feelings and emotions like ourselves.

STUDENTS -- Are people who come to us with their needs, wants, and ambitions. It is our job to see that they have every opportunity to succeed.

STUDENTS -- Are deserving of the most courteous and attentive treatment we can give them.

STUDENTS -- Are the life-blood of this business. Without them we would have to close our doors.

AND WE SHOULD NEVER FORGET IT!

Don't have Health Insurance?

COMPASSIONATE HEALTH CENTER PROVIDES FREE QUALITY HEALTHCARE TO THE UNINSURED AND UNDERSERVED OF FULTON COUNTY WHO ARE AT OR BELOW 250% OF THE FEDERAL POVERTY GUIDELINE*

Provided* at no charge:

- Primary Health Care
- Free name brand medications
- Limited Dental care
- Vision care
- Mental Health Counseling

*The clinic is funded through donations, grants and fundraisers.

What do you need to qualify?

- 1) Proof of Fulton County Residency
- 2) Current photo ID
- 3) Check stubs from the last 30 days
- 4) A copy of the most recent Federal Tax filing
- 5) Social Security/SSI/SSD Award Letter amount
- 6) Proof of Benefits: Child support, housing or energy assistance, pension
- 7) Food Stamp Letter with amount
- 8) If no income then need proof of housing, utilities, and food
- 9) If not working, a wage earning statement is needed
- 10) Must be between 18 and 64

*Federal Poverty Guidelines are on the back of this form.

Compassionate Health Center

740 N. State Road 25

Rochester, IN 46975

574.223.6080

www.chcfulton.org

Across from the Airport and next to Tweedlee D's Diner

Indiana Children's OUTDOOR Bill of Rights



Get Outdoors — Get Playing

ChildrenPlayOutdoors.dnr.IN.gov

All Indiana children, regardless of ability, should have the right to:

- 1 Explore and play outdoors in a safe place.
- 2 Follow a trail and discover native plants, wildlife and history.
- 3 Experience traditional outdoor activities like fishing or hunting.
- 4 Discover and celebrate Indiana's past.
- 5 Camp under the stars.
- 6 Climb a tree.
- 7 Visit a farm.
- 8 Plant a seed or tree and watch it grow.
- 9 Splash and play in streams, lakes and ponds.
- 10 Enjoy the outdoors using all the senses.
- 11 Ask questions, find answers and share nature with a friend.

Developed by the Indiana Department of Natural Resources Division of State Parks & Reservations

DNR



SPEAKING OUT About Suicide



Telling your story can save lives, but only if you share it safely.

Speaking out about suicide loss and suicide attempts is critical to prevention. Sharing your story lets people know they are not alone and shows them recovery is possible. If done well, you will encourage people at risk to seek help. Unsafe sharing, however, can do more harm than good.

DO

Be at a safe place in your recovery. Reflect on your own frame of mind. As a general guideline, wait at least one year after the attempt or loss before speaking.

Define key messages. Your story should not simply express pain. Your goal should be to educate and inspire hope.

Practice. Speak slowly, and time your talk to fit into the overall program.

Present the narrative. Emphasize the journey. Talk about both before and after the loss or attempt, and how you've healed since.

Know your audience. Consider who you will be talking to (e.g., students, clinicians, survivors) and tailor your remarks.

Be honest and comprehensive. Do not focus solely on the loss or attempt. Include the full range of your experience, both the positive and the negative.

Provide mental health resources for your audience to take home, like the National Suicide Prevention Lifeline or AFSP's website.

AVOID

Avoid phrases like "commit suicide" or "successful attempt." These phrases perpetuate suicide's stigma and moral judgment. Preferred terms: ended life or died by suicide.

Avoid details about suicide methods. Method should only be mentioned if your story would be incomplete to the listener without it. If mentioned, avoid including details, since graphic descriptions can prompt copycat behaviors.

Avoid simplifying suicide. Reducing the attempt or loss to a single cause fails to educate the public about the many warning signs and risk factors that can signal an attempt.

Avoid glorifying suicide. Portraying suicide as honorable or romantic can influence vulnerable individuals to view suicide as a viable option.

Avoid portraying suicide as an option. Suicide is not a rational backup plan or coping behavior.



High School YEARS

Working Together for Lifelong Success



Short Clips

Spring fever

As the weather warms up, help your teen stay motivated by showing interest in her schoolwork. For example, if she's reading books by Edgar Allan Poe, watch a movie based on one of his short stories with her. Then, compare the movie with the story. How are they alike? Different?

Stepfamily fun

While it may take time for blended families to form comfortable bonds, stepparents can use special activities to make connections. Find out what your stepchild enjoys (tennis, puzzles), and spend time together. Tip: Frame pictures of the two of you together to show you're proud to be with him.

Humbly speaking

Being humble will make your high schooler more open to learning from others and help her get along with people. To foster this trait, encourage her to see herself as important, but not better than others. Suggest that she look for people's strengths, such as friendliness or a sense of humor, and avoid putting anyone down.

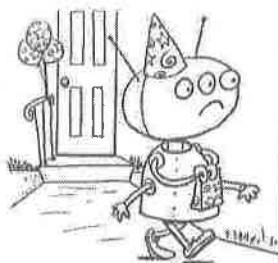
Worth quoting

"They always say time changes things, but you actually have to change them yourself." *Andy Warhol*

Just for fun

Q: Why did the alien want to leave the party?

A: The atmosphere wasn't right.



How to spend summer break

The long days of summer don't have to be lazy ones. Help your teen make the most of his school break with these ideas.

Stay sharp

Encourage your high schooler to sign up for a library's summer book program. He could read at the pool or beach or listen to podcasts while doing yard work. Also, he might take a summer school course in a subject that's tough for him (physics, foreign language). That way, he can concentrate on just one class. Or he could enroll in a study skills or time management class at a community college.

Build skills

Does your teenager like swimming, nature, or acting? Have him look for programs at pools, parks, zoos, and local theaters to attend (or work at, depending on his age). *Idea:* Suggest that he set a "stretch goal" to achieve over the



summer. He might learn to dive or get a role in a play.

Take on special projects

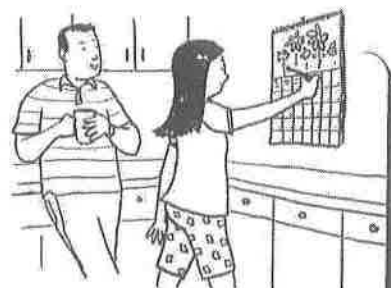
Let your high schooler be the family photographer and create a "Summer 2017" scrapbook. He might even take a photo a day for the entire summer and make a digital album. Or ask him to clear out your household clutter and organize a garage sale. Then, consider allowing him to keep a portion of the proceeds. 🍷

Know where your teen is

Keep your teenager safe by making a plan for staying connected over the summer. Use these suggestions:

■ Ask your teen to write her daily plans on a calendar or a whiteboard in the kitchen. Add your work schedule and events so she knows how to find you, too.

■ Explain that she needs to answer her phone or text back when you contact her. Save her friends' numbers in your phone, and let her know you'll call them if you can't get ahold of her. You could also exchange numbers with her friends' parents as a backup. 🍷



Preserve your online reputation

Does your high schooler's online reputation match how she wants others to view her? Share this advice.

Keep it positive. Online posts are fair game for viewing by college admissions officers and future employers. Suggest that your teen post items that paint her in a good light, such as links to interesting (and noncontroversial) news articles, photos of her volunteer work, videos of her sports performances, or inspiring quotes.

Keep it professional. Encourage your teenager to use an appropriate email address. Using a silly or provocative one



will not make a good first impression. **Tip:** If she has an email address from when she was younger, now is a good time to update it.

Keep it clean. The standard advice still holds: "Don't post anything you wouldn't want your grandmother to see."

Make it clear that your child should not post any words or pictures that are sexual or inappropriate in any way. Remind her that the instant she posts something online, it could be there forever. Even if she's on a private page or deletes her post, someone can take a screenshot and forward it.

Idea: Have your teen Google herself from time to time—she'll see herself as others see her online. 👍

Parent to Parent Reviewing the final report card

When my daughter's final report card arrives, school will be over, and her mind will be on summer. I wasn't sure how to handle a discussion, so I asked her school counselor for advice.

Mrs. Grant said that while it will be too late to change anything for this year, discussing Jasmine's



report card can help her get off on the right foot for the fall. She suggested that I begin by praising my daughter for high grades and ones that improved, as well as other positives like good behavior and regular attendance.

If any grades are low, I should ask Jasmine questions, she said. Were assignments turned in on time? How could you have studied harder? Did you understand the material? Then, we can talk about ways to adjust her workload or homework routine for next year. 👍



Q & A

Pitch in at home

Q My son helps around the house—but only when asked. How can I get him to do chores without nagging him?

A Together, create a checklist of chores he is expected to do. Explain that these items aren't a "maybe"—they are his responsibility as a member of your family.

Then, have him devise a reminder system that works for him. He might set alerts in his phone or put sticky notes on his bedroom wall. Also, lay out consequences for not doing his chores, perhaps losing car privileges or not being able to go out with friends.

Finally, make chores more pleasant for everyone by setting aside time to do them together. Put on music, and use the time to enjoy each other's company as you get the jobs done. 👍



Get started on college essays

Summer is the time to get a head start on college essays. Here are strategies to help your teen write ones that will make his applications stand out.

1. Consider the question. Perhaps the admissions committee wants to know his greatest moment or why their college is right for him.

2. Brainstorm answers.

Have him make a list of his strengths or any life-changing events. **Hint:** His essay should reveal something that's not obvious from his application.



3. Add examples. Maybe volunteering at a homeless shelter taught him that every person has value, or visiting a civil rights landmark inspired him to think about a public service career.

4. Write and edit. He should use words that show rather than tell. Instead

of "I learned a lot as club president," he might try "As club president, I was able to involve more students in school activities." **Tip:** Be sure he proofreads carefully. Even the smallest errors show a lack of concern for his work. 👍

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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