

# SEPTEMBER 2021

# AKRON ELEMENTARY

## LUNCH



**School Information:** Milk Served With Lunch  
Menu Subject to Change. Lunch 10:55-1:05  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



**September is Whole Grains Month!** Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Chicken Patty / Bun  
Sweet Potato Fries  
Mandarin Oranges  
Condiments **1**

Hot Dog / Bun  
Coney Sauce  
Baked Beans  
Tropical Fruit  
Condiments **2**

Chicken & Noodles  
Mashed Potatoes  
Cali Blend  
Mixed Fruit  
Roll & Margarine Cup **3**

**Labor Day** **6**

Fish Wedge  
Waffle Fries  
Mixed Fruit  
Bread Stick  
Condiments **7**

Tater Tot Casserole  
Green Beans  
Grapes  
Roll & Margarine Cup **8**

Cheeseburger/Bun  
Carrots  
Applesauce  
Sun Chips  
Condiments **9**

Meatball Sub  
Small Salad  
Peaches  
Scooby Doo Crackers  
Dressing **10**

Corn Dog  
Baked Beans  
Mandarin Oranges  
Condiments **13**

Chicken Parmesan  
Broccoli  
Tropical Fruit  
Rotini Noodles  
Roll & Margarine Cup **14**

Fiestada Pizza  
Corn  
Pears **15**

Cheese Omelet  
Muffin  
Tater Tots  
Fruitable Juice  
Apple **16**

Taco Salad  
Carrot Sticks  
Bosco  
Peaches  
Brownie  
Condiments **17**

Popcorn Chicken  
Peas & Carrots  
Peaches  
Pretzels  
Condiments **20**

Hot Ham & Cheese  
Sweet Potato Fries  
Applesauce  
Goldfish  
Condiments **21**

Country Fried Steak  
Mashed Potato & Gravy  
Corn  
Roll & Margarine Cup  
Pineapple **22**

Taco in a Bag  
Meat & Cheese  
Refried Beans  
Pears  
Taco Sauce **23**

Spaghetti  
Romaine Lettuce  
Pineapple  
Garlic Bread Stick  
Parmesan Cheese  
Dressing **24**

Chicken Nuggets  
Potato Smiles  
Apple  
Scooby Doo Crackers  
Condiments **27**

Nachos & Cheese  
Salsa  
Peaches  
Cheese Stick **28**

French Toast Sticks  
Yogurt  
Tater Tots  
Mixed Fruit  
Fruitable Juice  
Condiments **29**

Sub Sandwich  
Carrot Sticks  
Pears  
Condiments **30**