



# TIPPECANOE VALLEY HIGH SCHOOL



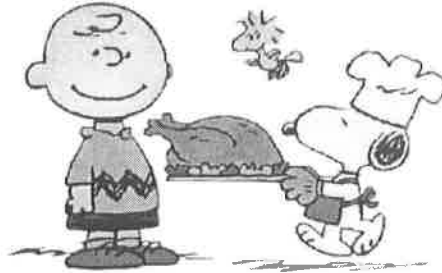
## Viking News

November/December Newsletter 2016



### Driver Education

Forms are available in front of the main office that list driving times and procedures to getting a driving permit.



**Christmas Choir Concert**  
**Wednesday, December 14th**

**7:00pm**

**High School Commons**



Parents are cordially invited to participate in the TVHS School Improvement Team

April 14, 2017 @ 3:50pm

Meetings will be held at TVHS in room 117.

This is a great opportunity to learn about school operations, meet with teachers and administrators, make constructive comments, and ask important questions. Student Council members will also be present at these meetings.

Parents are always encouraged to ask questions of TVHS Staff. Please visit our website for contact information.



### Community Open Weight Room

Hours: Tuesday & Thursday from 5-7 PM our weight room will be open to the public

**Viking Strong** for Students will be Mon & Wed at 7:00 AM and Tue & Thurs at 4:00 PM

**\*\*All out of season athletes are strongly encouraged to attend!**



Parents and Students are invited to 'like' and 'share' the **Tippecanoe Valley High School** Facebook page!

-Keep up with student life, events, announcements, scholarship opportunities, and Everything Viking!



# THE FRENCH CONNECTION



*This quote probably represents the feelings of many language students as we begin a new year of study. This is part of the beauty of our mission; it takes us out of our comfort zones to a place where the magic happens. We dwell in the amazing, the terrifying, and the magic.*

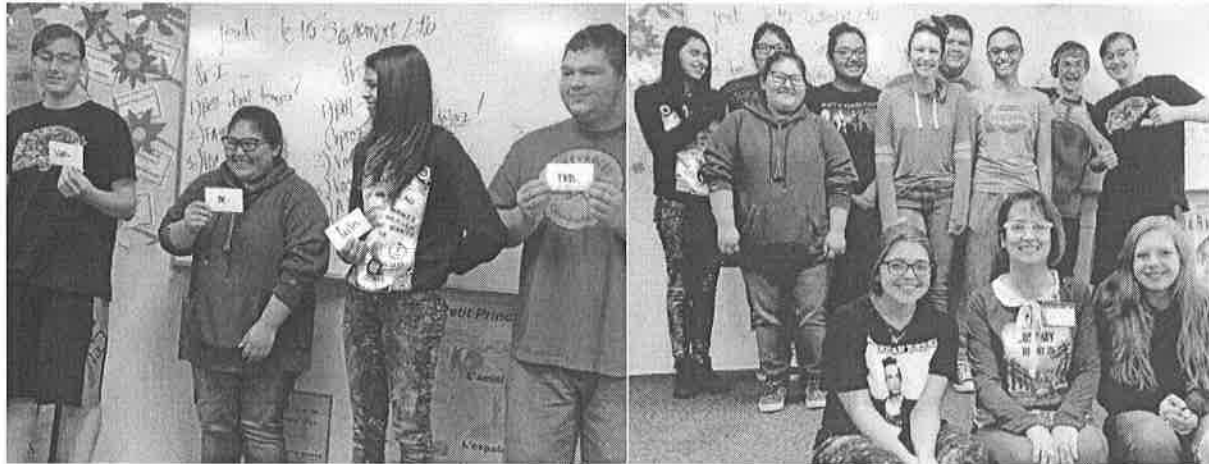
**French I-** French I students have been studying basic beginning vocabulary to meet and greet others, count, say the alphabet, and talk about our classroom. They are an amazing group of students and individuals. I am so excited to see them grow across this year and beyond!



*French I class took French to the streets – or, at least, to the sidewalks- for a warm autumn day of grammar in chalk.*

**French II-** French II students are beginning a study of French cuisine and etiquette. They will be cooking and teaching French to some pretty

fortunate elementary students soon. They rock French, so I am sure they will make this study simply delicious!



*French II students practice grammar concepts and syntax as living sentences. We have so much fun learning every day!*

**French ACP-** French ACP is a dual-credit offering for French III and IV students which allows them to earn language credit for the Academic Honors Diploma at TVHS and three hours of college credit from Indiana University in Bloomington. Although we have had some growing pains, we are doing something that prepares students for life beyond high school in so many ways, and I am proud of each one for choosing such a path of rigor ♥.



*ACP FRENCH students from left to right- Christian Cristian Jimenez-Baca, Madame Buss, Amanda Claire Heltzel, Sierra Emilie Mast, Madison Magali O'Connell, Lea Chantal Stouder, Baylee Chantal LaFollette, Bradly Léon Shepard, and Alex Francois Kromkowski.*



# Math Department

## *Upcoming Test Dates:*

Acuity Tests start  
November 21 and  
run through  
December 2.  
ECA Tests start  
December 5 and  
run through  
December 9.

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What is ALEKS?

### Assessment and LEarning in Knowledge Spaces

ALEKS is a web-based, artificially intelligent assessment and learning system. It provides students with an individualized learning experience tailored to their unique strengths and weaknesses. Some of the math classes this year are using the ALEKS program in their classrooms. ALEKS uses artificial intelligence (AI) to map the details of each student's knowledge. ALEKS has different topics that the students can choose from, and when they master a topic, ALEKS knows where they should go next. ALEKS makes learning more efficient and effective by continuously offering the student a selection of only the topics that they are ready for. This builds students' confidence and learning momentum.

"I use ALEKS in my math labs to help those students who still need to pass the ECA. I love how they each can work individually and they can each see their progress through their own pie charts! We set individual goals throughout the week, and they are all eager to see if they meet them." ~ Mrs. Trippiedi

"I use ALEKS as a supplement to my teaching. Throughout a chapter, students will receive instruction from me which will be reinforced through homework and ALEKS. It has been great because students are able to work on content in a different form. This allows an additional learning style to be incorporated into my classroom. It also helps to break up our classroom routine. The kids love it, and it really helps me to see how much the students understand." ~ Mr. Holsopple

# TVHS GUIDANCE NEWS

TVHS Guidance Office  
 Student Success Through Character Education, Leadership, & Literacy

## College Goal Sunday: NOVEMBER 13

### FREE APPLICATION FOR FEDERAL STUDENT AID (FAFSA)

ALL COLLEGE BOUND STUDENTS WILL NEED TO COMPLETE THE FAFSA ONLINE BY THE INDIANA STATE DEADLINE: **MARCH 10, 2017.**

VISIT <http://www.fafsa.ed.gov/> TO START YOUR APPLICATION!

INDIANA HAS A STATEWIDE INITIATIVE TO ASSIST FAMILIES WITH THE FAFSA APPLICATION. IF THIS IS YOUR FAMILY'S FIRST TIME FILLING OUT THE FAFSA APPLICATION, OR YOU WOULD LIKE ASSISTANCE, PLEASE PLAN TO ATTEND:



**WHAT: COLLEGE GOAL SUNDAY : NOVEMBER 13TH**

**FAFSA APPLICATION ASSISTANCE**

**WHERE: WARSAW IVY TECH COMMUNITY COLLEGE**

**2545 SILVEUS CROSSING WARSAW IN**

## TESTING INFO

**Seniors:** Here is your opportunity to take the SAT/ACT for the first time if you have not had a chance, or re-take to improve your scores for scholarship opportunities! **Juniors** will begin testing in January 2017 or prior if you have taken Alg 2. Register online:

**SAT:** <http://sat.collegeboard.org/register/>

**ACT:** <http://www.actstudent.org/regist/>

### SAT DATES/REGISTRATION DEADLINES

January 21	December 21
March 11	February 10
May 6	April 7
June 3	May 9

### ACT DATES/REGISTRATION DEADLINES

February 11	January 13
April 8	March 3
June 10	May 5

### Free Test Prep Resources:

- <http://www.actstudent.org/testprep/>
- <http://sat.collegeboard.org/practice/>
- <http://askrose.org/index.php/students/resources/sat>

**ECA: DECEMBER 5-14**

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### Check out the Guidance Website :

<http://tippcanoevalleyschools.com/schools/tyhs/>

- College Admissions
- Financial Aid
- Guidance Newsletters
- Graduation Requirements
- Course Description Guide
- 21st Century Scholars
- Testing Info
- Transcript Request Link
- Counselor Contacts

# TVHS FINANCIAL AID NIGHT



**When:** Thursday December 8th, 7:00 P.M.

**Where:** TVHS Lecture Room

**Who:** Senior students and parents are invited to attend our annual financial aid meeting. Learn more about scholarship tips and financial aid resources for college!

## **Featured Presentations:**

Local Community Foundation Scholarships

Questa Scholars Program

FAFSA Overview

*TVSC: Student success through character education, leadership, and literacy*



### Get Ahead!

Scholarship season starts in the spring, but there are opportunities to jump start your financial aid opportunities.

Check out the guidance office for these scholarship opportunities:

<u>Scholarship</u>	<u>Field</u>	<u>Due Date</u>
• 529 Savings Plan	All Students	Available Online
• Elks National Foundation	All Students	November 30
• NFIB Young Entrepreneur Award	Entrepreneurship	December 18
• Dr. Martin Luther King Jr.	Community Service	December 20
• PC's for Youth (free computer for students who qualify)		All year

#### Visit online resources:

- [www.indianacollegecosts.org](http://www.indianacollegecosts.org)
- [www.fastweb.com](http://www.fastweb.com)
- [www.collegeboard.com](http://www.collegeboard.com)
- [www.collegegoalsunday.org](http://www.collegegoalsunday.org)
- <http://nces.ed.gov/collegenavigator/>
- <https://studentaid.ed.gov/>
- <http://ismcollegeplanning.org/>

**STUDENTS PLEASE SEE CHALKABLE AND THE GUIDANCE WEBSITE FOR LOCAL SCHOLARSHIP LINKS & APPLICATIONS**

### SUBMIT YOUR TECHNICAL TRADE SCHOOL APPLICATIONS BY DECEMBER 31ST!

<http://www.topnotch.org/>

<http://www.indianaplan.org/trades.html>

### COLLEGE APPLICATION PRIORITY DEADLINE FOR MERIT SCHOLARSHIPS: NOVEMBER 1ST!

#### Twenty-First Century Scholars:

All senior scholars must submit their Affirmation Forms & FAFSA by **March 10th** to remain eligible for their scholarship. Visit the scholar website for important requirements and details:

<http://www.in.gov/21stcenturyscholars/2516.htm>

#### Need Your Transcript sent to your College?

Select the link below to create your transcript request account. You can track your transcript request and receive confirmation when your transcript has been sent and received by your college of choice!

[TVHS Transcript Request Link](#)

Follow us on Twitter for instant updates on Financial Aid & College & Career Opportunities!



**TVHS\_GUIDANCE**

### LET'S CELEBRATE!

**Tweet us a pic of your #college acceptance letters @TVHS\_GUIDANCE!**

Boys Basketball

Nov 17	Elkhart Mem Scrim	H 6:15
23	Warsaw	T 6:15
29	Argos	H 6:15
Dec 2	Knox	H 6:15
6	Culver Academy	T 6:15
10	Glenn	T 6:00
13	Peru	T 6:15
16	Whitko	H 6:15
29	JV Caston Try.	T TBA
29	Caston Try.	T TBA
30	Caston Try	T TBA
Jan 6	Northfield	H 6:15
7	Plymouth	T 6:15
13	Rochester	T 6:15
14	Winamac	T 1:30
20	Southwood	H 6:15
21	Clinton Christian	H 1:00
27	Manchester	T 6:15
Feb 2	Wabash	H 6:15
7	Maconaquah	H 6:15
10	North Miami	T 6:15
14	Culver	H 6:15
17	Triton	T 6:15
24	Wawasee	H 6:15
28	Sectional @ Wawasee	

Girls Basketball

Oct 27	Elk. Mem. Scrimm.	T 6:15
Nov 3	Bremen	T 6:00
8	Culver Academy	T 6:15
15	Logansport	T 6:00
18	Warsaw	T 6:15
22	Maconaquah	T 6:15
26	Thanksgiving Classic	H 10:30
Dec 1	Plymouth	H 6:15
3	Wabash	H 6:15
7	Triton	H 6:15
9	North Miami	H 6:15
15	Winamac	H 6:15
17	Whitko	T 6:15
28	Plymouth JV Tmy	T 10:00
29	Hall of Fame @New Castle	TBA
30	Lakeland Tmy	T TBA
Jan 5	Northfield	T 6:15
10	Northwood	H 6:15
14	Rochester	H 6:15
17	Peru	H 6:15
21	Southwood	T 6:15
24	Wawasee	T 6:15
26	Manchester	H 6:15
31	Sectional @ West Noble	

Boys 9th Basketball

Nov 28	Warsaw	T 6:15
Dec 1	Southwood	T 6:15
5	Wabash	H 6:15
12	Northfield	H 6:15
15	Rochester	T 6:15
Jan		
10	Manchester	T 6:15
14	TVHS. Tmy.	H 9:00
16	Northwood	H 6:15
18	Knox	T 6:15
24	Plymouth	H 6:15
26	Triton	T 6:15
Feb 1	North Miami	H 6:15
4	SB St. Joseph	T 10:00
6	Culver Academy	H 6:15

\* Times subject to change for TRC games.  
TRC plays 9th boys/girls games on same night at same location.

*\*Schedule Subject to change\**

Girls C Basketball

Nov 16	Warsaw	H 6:15
Dec 1	Southwood	T 6:15
5	Wabash	H 6:15
12	Northfield	H 6:15
15	Rochester	T 6:15
Jan		
10	Manchester	T 6:15
16	Northwood	H 6:15
26	Peru	T 6:15

C team schedule subject to change due to availability of teams.

Wrestling

Nov 19	Culver Acad. Invite	T 9:00
22	Triton	H 6:30
Dec 3	Maconaquah Invite	T 8:30
8	Manchester	T 6:30
17	LaVille Invite	T 9:00
23	Rochester Invite	T 9:00
Jan 7	Wabash Invite	T 9:00
12	Caston	H 6:30
14	Rochester Super 8	T 9:00
21	TRC	T 9:00
28	Sectional	9:00

Swimming

Nov 21	Knox - G	T 6:00
28	Northwood - B & G	H 5:00
Dec 1	Wabash B & G	T 5:30
3	Culver Acad. Inv B/G	T 9:00
10	Wawasee Inv. - G	T 10:00
14	Manchester - B&G	H 5:30
Jan 4	Warsaw/Huntington-	T 5:00
10	Rochester - B&G	T 5:00
14	Oak Hill Inv- B/G	T 8:00
19	North Judson - G	H 6:00
21	TRC B/G Maconaquah	T 11:00
23	Plymouth - B	H 6:00
26	Pioneer - B&G	T 5:30
Feb		
2	Sectional - Girls	TBA
6	Knox- B	T 6:00
16	Sectional - Boys	TBA

# Tippecanoe Valley High School

## 2016 - 2017 Winter Sports Schedules

Tippecanoe Valley Schools are tobacco-free facilities





# TRC Academic All Conference

## Fall 2016-17

Name	Grade	Sch	Sport	Name	Grade	Sch	Sport
Brandi Jones	12	Mac	G-Go	Sarah Schaller	11	Roc	G-Soc
Tyler Dietzel	12	Mac	B-CC	Kennedy Campbell	12	Roc	G-Soc
Rebekah Shinn	12	Mac	G-CC	Jackson Sawyer	12	Roc	B-Ten
Jordan Edginton	11	Mac	B-Cc	Renae Bickle	11	Roc	G-Go
Alyson Braden	12	Mac	G-Go	Emma Feldman	12	Roc	CC
Betsy Powell	11	Mac	G-CC	Zoe Bixler	12	Roc	VB
Abigail Bowyer	12	Mac	VB	Rebecca Long	11	Roc	VB
Zachary Reyburn	11	Mac	B-Ten	Grace Pfeiffer	11	Roc	VB
Kerry Orttel	12	Mac	G-Soc	Clair Dunwoody	12	Roc	CC
Addyson Hahn	11	Mac	VB	Alexis Elliott	11	Roc	CC
Kirsten Dinn	11	Mac	Vb	Kori Rouch	11	Roc	VB
Raygan Plothow	11	Mac	VB	Allie Bickle	11	Roc	VB
Grace Hann	11	Mac	VB	Shelby Schoen	12	Roc	CC
Natalie Tubb	11	Mac	VB	Kinley Lingenfelter	12	Roc	G-Go
Julia Todd	12	Mac	VB	Jakob Good	11	Roc	FB
Shelby Spence	11	Mac	VB	Shilo Guerra	11	Roc	G-Soc
Madison Winegardner	11	Mac	G-CC	Hannah O'Dell	12	Roc	CC
Josh Miller	12	Mac	B-CC	Abigail McCarter	11	Roc	CC
Haley Wimmer	11	Mac	G-CC	Olivia Jennings	11	Roc	CC
Ethan Larason	11	Mac	B-Soc	Maddison Hiatt	12	Roc	CC
Adam Byers	12	Man	B-Soc	Olivia Faye Harris	12	Roc	VB
Karly Eichenauer	12	Man	G-Go	Rosalie Navarro	12	Roc	G-Go
Hallie Sorg	12	Man	G-Soc	Thomas Rohr	11	Roc	B-CC
Remington Trick	11	Man	FB	Atwood, Cassidy	12	SW	Girls CC
Ben Reichenbach	11	Man	CC	Taylor Heath	12	SW	Girls CC
Tahnee Fuentes	12	Man	CC	Zach Ball	12	SW	FB
Montgomery Pattison	11	Man	CC	Joseph Brinson	12	SW	FB
Nathan Self	11	Man	B-Soc	Jeffrey Finicle	12	SW	FB
Emma Casper	11	Man	VB	Makenna Dawes	12	SW	VB
Kane Gable	12	Man	FB	Chase Guenin	11	SW	Boys CC
Paige Wagoner	11	Man	VB	Parker Mays	11	SW	FB
Catherine Tracy	12	NF	XC	Lucas Topliff	11	SW	FB
Attie Schuler	11	NF	XC	Haleigh Snyder	11	SW	G-Go
Anna Driscoll	11	NF	Golf	Jared Mikel	12	TV	CC
Natasha Leland	11	NF	CC	Dakota Parker	11	TV	B-Ten
Jackson Beery	12	NF	FB	Olivia Trippiedi	11	TV	VB
Jake Fulkerson	11	NF	FB	Lexi Durkes	12	TV	CC
Chris Orpurt	12	NF	FB	Claudia Ramos	11	TV	CC
John Schuler	11	NF	FB	Victoria Biddle	12	TV	G-Go
Jared Vigar	11	NF	FB	Tom Solano	12	TV	Soc
Mariah Kirtlan	11	NF	CC	Alex Kromkowski	12	TV	B-Ten
Nichole Eccles	11	NM	CC	Adrian Velazquez	12	TV	Soc
Connor Hanaway	11	NM	B-Soc & FB	Makayla Sandbakken	11	TV	G-Go
Bella Borse	12	NM	G-Soc	Abbi Miller	12	TV	CC
Abby Pfaffenbach	11	NM	CC	Camden Tucker	11	TV	FB
Kirstin Jacobs	11	NM	G-Soc	Chris Secrist	12	TV	FB
Adrianna Richie	12	NM	G-Soc	Michael Paseka	11	TV	FB
Michaela Stiver	11	NM	G-Soc	Mary Guisewhite	12	Wab	G-Soc
Emily Wellsand	12	NM	VB	Kaitlyn Dowdal	12	Wab	VB
Wyatt Dyston	11	NM	B-Soc	Eryk Weber	12	Wab	FB

Ethan Duff	11	NM	<i>B-Soc</i>	Jaycee Parrett	12	Wab	VB
Dakota Riviera	11	NM	<i>FB</i>	Gage Miller	11	Wab	B-Soc
Carson Ray	12	Peru	<i>B-Ten</i>	John Stewart	11	Wab	B-Soc
Rachel Campos	12	Peru	<i>G-Soc</i>	Austin Vinopal	11	Wab	FB
Robert Cunningham	11	Peru	<i>FB</i>	Ayden Kocher	11	Wab	B-Ten
Marco Baez	12	Peru	<i>FB</i>	Jacob Bruss	11	Wab	B-CC
Nathan Brimbury	11	Peru	<i>FB</i>	Aidan Benysh	11	Wab	B-Soc
Jaelin Richardson	11	Peru	<i>G-CC</i>	Luke Mattern	11	Wab	B-Ten
Devin reagle	11	Peru	<i>FB</i>	Angelica Moyer	11	Whi	CC
Dawson Dwyer	12	Peru	<i>FB</i>	Connor Castillo	12	Whi	B-Soc
Natalie Simmons	12	Peru	<i>G-Soc</i>	Stephanie Baughman	11	Whi	G-Soc
Davion Jones	11	Peru	<i>FB</i>	Gavin Howard	12	Whi	FB
Katie Chandler	12	Peru	VB	Andrea Snavley	12	Whi	VB
Caitlyn Hopper	12	Peru	VB				
Danielle McCord	11	Peru	VB				

### ***Honorable Mention***

<b>Name</b>	<b>Grade</b>	<b>Sch</b>	<b>Sport</b>	<b>Name</b>	<b>Grade</b>	<b>Sch</b>	<b>Sport</b>
Alexis DiBattiste	11	Mac	VB	Jonah Gray	12	Peru	B-Soc
Fletcher Williams	11	Mac	<i>B-CC</i>	Andrew Baker	11	Peru	B-Soc
Eric Edwards	12	Mac	<i>B-CC</i>	Sean Knickerbocker	11	Peru	B-Soc
Luke Edgington	11	Mac	<i>B-CC</i>	Sean Smith	12	Peru	B-Ten
Bryce Klutz	11	Mac	<i>B-Soc</i>	Colton Miller	11	Peru	FB
Tyler York	12	Mac	<i>B-Ten</i>	Casey Ray	12	Peru	G-CC
Elijah Grigsby	12	Mac	<i>FB</i>	Jazzmyan Bayless	11	Peru	G-Cc
Aaron Sedwick	11	Mac	<i>FB</i>	Isabella Ingalsbe	11	Peru	G-Go
Kathryn White	12	Mac	<i>G-CC</i>	Opal Polk	11	Peru	G-Go
Courtney Turcheck	12	Mac	<i>G-Go</i>	Ellyn Badry	12	Peru	VB
Emily Collins	11	Mac	<i>G-soc</i>	Iriyale Malone	11	Peru	VB
Shelby Friend	12	Mac	<i>G-Soc</i>	Wyatt Bright	12	Roc	B-Soc
Syenna Powell	11	Mac	<i>G-Soc</i>	Matthew Pickens	12	Roc	B-Soc
Holly Morris	11	Mac	<i>G-Soc</i>	Joshua Wootten	11	Roc	B-Soc
Sydna Leary	11	Mac	<i>G-Soc</i>	Killian Bailey	12	Roc	B-Soc
Ben Green	12	Man	<i>B-Soc</i>	Trey Adley	11	Roc	B-Soc
Kaidyn Alexander	11	Man	<i>B-Soc</i>	Justin Phoun	11	Roc	B-Ten
Fermin Guerrero	11	Man	<i>B-Soc</i>	Austin Utter	11	Roc	B-Ten
Rae Bedke	12	Man	CC	Ean Pugh	11	Roc	B-Ten
Nick Wagner	11	Man	<i>FB</i>	Carlton Mullett	12	Roc	B-Ten
Trey McNail	11	Man	<i>FB</i>	Jeffrey Ruppert	11	Roc	CC
Josh Shepherd	11	Man	<i>FB</i>	Ross Pearson	12	Roc	FB
Brooklyn Howard	12	Man	<i>G-Soc</i>	Maddison Shively	11	Roc	G-Soc
Olivia Docker	12	Man	<i>G-Soc</i>	Alivia Williams	12	Roc	G-Soc
Kiera Stacy	11	Man	<i>G-Soc</i>	Courtney Gast	11	Roc	G-Soc
Ellie Milam	12	Man	<i>G-Soc</i>	Kelsey Tyler	11	Roc	CC
Elizabeth Angulim	11	Man	<i>G-Soc</i>	Amanda Sayger	11	Roc	CC
Brittany Montel	12	Man	<i>G-Soc</i>	Madelyn Sailors	11	Roc	VB
Sydney Day	11	Man	VB	Nathanael Fadil	12	SW	FB
Cierra Carter	12	Man	VB	Carson Blair	11	SW	FB
Kendra Auler	11	Man	VB	Katie Springer	11	SW	G-Go
Mattie McKee	11	Man	VB	Emily Gwillim	11	SW	VB
Joe Halderman	11	NF	<i>FB</i>	Ellie Hobbs	11	SW	VB
Braelyn Deeter	11	NF	<i>G-Go</i>	Blake McBrier	12	TV	G-Go
Sam Burcroff	12	NF	<i>FB</i>	Tori Miller	12	TV	Girls CC
Kiana Kendall	11	NF	VB	Dylan Warner	12	TV	FB
Josey Sites	12	NM	VB	Abby Betten	12	TV	VB

Carlee Lefebvre	12	NM	VB	Alyssa Brito	11	TV	Soccer
Sammy Tims	12	NM	G-Soc	Drew Hartman	11	TV	Soccer
Adreanna Faine	12	NM	G-Soc	Avander Wimsatt	12	TV	FB
Rebecca Knappen	12	NM	G-Soc	Shane King	12	Wab	FB
Celena Wagner	12	NM	G-Soc	Cody Beeks	11	Wab	FB
Matt Stewart	11	NM	FB	Seth Yeadon	11	Wab	FB
Garrett Bahney	12	NM	FB	Kaitlyn Mallett	12	Wab	G-Soc
Max Moore	12	NM	FB	Vali Reed	11	Wab	G-Soc
Caleb McConahay	11	NM	FB	Alexis Hartley	11	Wab	VB
Dalton Working	11	NM	FB	Collin Bross	11	Whi	B-Soc
Caleb Gipson	11	NM	B-Soc	Jacob Rothgeb	12	Whi	B-Soc
Isaac Fouts	11	NM	B-Soc	Hanna Yohe	12	Whi	CC
David Beck	11	NM	B-Soc	Conner Sherwin	12	Whi	FB
Tyler Sivits	11	NM	B-Soc	Kennedy Krull	12	Whi	G-Go
Braxton Gunter	11	NM	B-Soc	Quinn Craig	11	Whi	G-Soc
Jamison Slonaker	12	NM	B-Soc	Madison Cook	12	Whi	G-Soc
				Haley Yohe	12	Whi	VB
				Brianna Tackett	12	Whi	VB
				Kaitlyn Reed	12	Whi	VB

# TVSC SAFE SCHOOLS

**KEEP YOUR  
FRIENDS,  
TEACHERS,  
AND  
SCHOOL  
SAFE!**



**1 TEXT  
CAN  
HELP  
SOMEONE  
IN  
NEED!**



- **BULLYING**
- **DRUGS**
- **ALCOHOL**
- **SUICIDE WATCH**
- **TIPS**

**(574)-387-3825**

# High School YEARS

Working Together for Lifelong Success



## Short Clips

### Great question!

Being able to ask questions is a thinking skill

that high schoolers need to succeed in school and on the job. Have your teen list questions as she does homework. Then, she can pose the queries—or others she comes up with—during class discussions. She will work on forming ideas and also show the teacher she's interested.

### Veterans Day lessons

As Veterans Day approaches on November 11, use the holiday to help your teenager learn about members of the armed forces. Suggest he visit veterans' senior centers or assisted living facilities to read to vets and listen to their stories. Or he might attend events commemorating those who served in the military.

### Practice in public

Good public speaking takes practice. If your high schooler has to give a speech, let her rehearse the presentation in front of you, other relatives, or friends. When she finishes, she should ask for audience feedback. These run-throughs will help her be well prepared and more poised for the real thing.

### Worth quoting

"Fall seven times, stand up eight."  
*Japanese proverb*

### Just for fun

**Q:** Where do books sleep?

**A:** Under their covers.



## Rules that work

When it comes to setting boundaries for your high schooler, the best rules are ones that teach him how to live responsibly and remain safe. Consider these guidelines.

### Curfew

Set a curfew, and make it a rule that your teenager also tells you where he's going, who he's with, how he's traveling, and what he expects to be doing. Then, if he wants to stay out later because, for instance, a game went into overtime, he should call you for permission.

### Communication

Always keep lines of communication open. Whether you're talking about spending, dating, work, or free time, create a "rule" for your child and yourself that he can come to you with questions or concerns. Let him know that he's allowed to be honest with his thoughts



and feelings and that you'll try to guide, not criticize.

### Consequences

Good or bad, consequences provide teachable moments. Tell your teen that the more he's able to follow the house rules, the more freedom he'll have (getting the car more often, for example). If a punishment is necessary, tell him what it is (say, he is grounded for the weekend), and then stop talking. Listening to what he has to say without justifying yourself further will let him express himself but show there's no negotiating. 👍

## Tips for tests

Share these strategies to help your teen do her best on tests and quizzes.

**Change the order.** Encourage your teenager to look through the entire test and do the easiest parts first. That will give her confidence to tackle the harder areas.

**Read the questions.** Remind your student to read every question all the way to the end. She should never assume what a question is asking until she's read the whole thing.

**Redirect nervousness.** Point out that any nervousness she feels shows she cares. Then, suggest that she redirect that energy away from worry and toward her work with thoughts like "I know this" or "Just answer one question at a time." 👍



# Writing for a real audience

Whether your teenager is writing a paper for an assignment or an item for the school yearbook, she should target her work to her reader. Suggest that she ask herself these questions as she sits down to write.

**Who is my audience?** Considering who she's writing for will help your teenager find her "voice." If she's writing an article for the art club newsletter, she can think about what her fellow artists would be interested in knowing. For a letter to



reviewing wireless speakers on a shopping site, she might use words like "amplifier," "upper register," or "design." 👍

her younger cousin, she would use simpler language that an elementary school child will recognize.

### What's the lingo?

Encourage your teen to think about the words and phrases she chooses. Her vocabulary should match the field she's writing about. For instance, if she's

## Ways to get fit

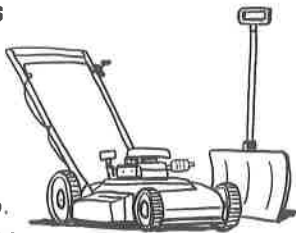
Get your teen pumped about staying fit with these approaches.

### Incredible achievements

Could your child do 1,000 sit-ups or lift 10,000 pounds? Not all at once. But if he does five push-ups and five sit-ups a day, in a few months, he will have done hundreds. Encourage him to keep track and add everything up—that will give him the chance to set and meet goals, too. Then, he might celebrate milestones, like that 500th push-up!

### Active jobs

Part-time work can give your high schooler a chance to stay on the go. Encourage him

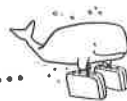


to get paid to move by shoveling snow, mowing lawns, or working at an after-school sports program for kids. Have him hand out flyers to neighbors or contact the local parks and recreation department and YMCA to scout out active jobs. 👍

### OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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## Q & A Attend parent-teacher conferences

**Q** My son does well in school, and I see his grades on report cards. Should I still attend parent-teacher conferences when I already know how he's doing?

**A** In a word, yes! Parent-teacher conferences are a great way for you to be involved in your son's high school education and to help him continue to succeed. Plus, just knowing that you are attending the meeting sends an important message to your child.

At the conference, you'll be able to have a two-way conversation about how your teen can get the most out of his education. Come prepared to share your thoughts on what gets him excited about learning and also to ask questions. Finally, be sure to find out how you can support his education at home. 👍



## Parent to Parent Choose your battles

"You are not going to Grandma's house with all that makeup on!" I told my daughter. "Go upstairs and wash your face! Or don't come down at all!"

Tina chose not to come back down, and we went to Grandma's house without her. I was so upset that I barely ate dinner. I realized I wanted my daughter to be there more than I cared about how she looked.

When we got home, I apologized to Tina. I said

she was old enough to make her own decisions about her appearance and that I'd make her a deal. If she continued to do well in important areas, such as grades and behavior, I'd cut her slack about less important things, like what makeup she wears.

It's been a month, and Tina still wears makeup that sometimes makes me cringe—but she is doing fine in school, and she's a happy and good kid. I'm trying to focus on that, because that's the important stuff. 👍

